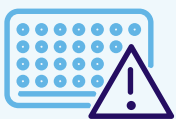


# Key Takeaways from the 2025 YouR HeAlth Survey

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**Some young people, including about half of 15-17-year olds, report that they do not have sufficient information to decide if using birth control is right for them or what method to use.**



**Misconceptions about birth control are common among young people. For example, only one-quarter know you don't need to "take a break" from birth control pills.**



**Half of young people worry that birth control has dangerous side effects.**



**Most young people want information about birth control and abortion from providers, but many are not getting information from this trusted source.**



**Many young people do not feel completely confident they can find a trusted health care provider to provide birth control or abortion care.**